

S.M.A.R.T. Goal Planner

S pecific	What <u>EXACTLY</u> do I want to happen?	
M easurable	I will know I have reached my goal when...	
A ttainable	With hard work, is it possible to reach this goal by the deadline?	
R ealistic and R elevant	My goal is important enough for me to put a plan into action. I will follow this specific plan to reach my goal:	
T ime-Bound	I will reach my goal by:	