

Name: _____

Date: _____

Carey/Intro

Values Clarification

Our values are those things we regard as having ultimate importance, significance, or worth.

1. You will now spend some time identifying your own values. IN PENCIL, please circle the 20 values that are most important to you.

Achievement	Friendships	Pleasure
Advancement and promotion	Growth (mental/emotional)	Power and authority
Adventure	Having a family	Privacy
Affection (love and caring)	Health	Public service
Arts	Helping other people	Purity
Challenging problems	Helping society	Quality of what I take part in
Change and variety	Honesty	Quality relationships
Close relationships	Independence	Recognition (respect from others)
Community	Influencing others	Religion
Competence	Inner harmony (happy/confident with yourself)	Reputation
Competition	Integrity (honesty and honor)	Responsibility and accountability
Cooperation	Intellectual status	Romance
Country	Involvement	Security (feeling safe)
Creativity	Knowledge	Self-respect
Decisiveness (making decisions)	Leadership	Serenity (calmness, tranquility)
Democracy	Location	Sophistication
Ecological awareness	Loyalty (devotion/faithfulness)	Stability
Economic (money) security	Meaningful work	Status (popularity)
Effectiveness	Merit (worth/value of self)	Supervising others
Efficiency	Money	Time freedom
Ethical practice (good morals)	Nature	Truth
Excellence	Being around people who are open and honest	Wealth
Excitement	Order (tranquility, stability, conformity)	Wisdom
Fame	Personal development	Work under pressure
Fast living	Freedom	Work with others
Financial gain	Physical challenge	Working alone