

WELLNESS WORKSHEET 9 — continued

Yes No Does the site have an index, a contents page, or search capability? If so, is it easy to use?

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Yes No Does the site give a "last modified" date? If so, note it below. Are there any other indications of currency, such as an "in the news," "what's new," or "late-breaking information" section?

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Yes No Is there a mission statement or an "about us" section that tells more about the sponsor(s) of the site? Are there any indications of potential bias? How would you rate the overall reliability of the site?

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Yes No Is there an e-mail address for a contact person or department? If so, note it below:

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Choose one topic and follow a series of links to the most specific level. For example, at the Healthfinder site, you can click in turn on Health A-Z, "N," Nutrition, and the Dietary Guidelines for Americans 2005.

Topic: \_\_\_\_\_

Brief description of the most specific level of information: \_\_\_\_\_

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Are you still on a page affiliated with the site you started with? Does the first part of your current URL match that of the home page of the original site?

Current URL: \_\_\_\_\_

If not, can you determine what organization or agency sponsors or maintains the current site?

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Finally, what are your overall impressions of the site? Did it provide helpful, reliable information? Was it easy and enjoyable to use? What improvements would you recommend for the site?

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